What's on the Menu?

Lincoln Middle School Lunch

Tuesday Wednesday **Thursday Monday Friday Daily Offerings** School Lunch 2 **General Tso Hero Day** Chicken **Southwest Ranch** Chicken Sandwich **Lucky Fried Rice Roasted Fresh** Local Herb Roasted Cheese & Pepperoni Zucchini **Potato** Pizza Specialty Pizza 8 Cinco de Mayo 5 **Beef & Cheese** Italian inspired Chicken Gryo Chicken & Waffles **Buffalo Chicken Dip** grilled **Enchiladas** roasted vegetable **Tortilla Chips Flatbread Sweet & Spicy** House made **Celery & Carrot Buttermilk Coleslaw** wrap Syrup Cheeseburgers, Chicken Patty, **Refried Beans Local Roasted** Sticks Fresh Roasted Spicy Chicken Patty, Chicken **Green Beans Garlic Parm Nuggets or Tenders** potatoes Baked Fries 15 Breakfast 4 12 Chicken Nachos 13 Pasta Bar 14 **BBQ Day 16** Beef Bulgogi Lunch Pico de Gallo Pasta **Chicken Drumstick** (BBQ, Plain or Buffalo) Pancakes w/ Lettuce Bowl Alfredo. Italian inspired **Blueberries** Cheddar meat sauce. Chicken. Confetti Slaw Chicken Sausage Peppers & Onion, Sour Cream Homemade Patty Broccoli A Variety of Fruit, Vegetables, Corn & Black Bean Cornbread Homefries **Dinner Roll** or Salads (Fresh, Local, or Canned) 19 22 23 20 **Baked Potato 21** Mexican inspired **Tuscan Chicken Brooklyn Style Breakfast 4 Lunch** Bar Ham, Egg & Saucy Chicken **Noodle Bowl Flatbread** Beef or Veggie Chili ONEGO Meatballs and **Assorted Rst** Fresh Roasted **Cheese Burrito** Cilantro Lime Rice Veggies **Broccoli Florets** Pico de Gallo **Biscuit** Sandwiches, Wraps, Salads, **Tater Tots** Cheddar Yogurt Parfaits, and Smoothies 27 29 **Hamburger Day 28** 30 Veg **Beef Tacos Buffalo Chicken** Hamburger pr Pork Cubano **Shredded Lettuce** Quesadilla Cheeseburger Sandwich Veggie Burgers, Grilled Lettuce, Tomato, Cheddar Corn & Black Bean Roasted Zucchini & Cheese. Salsa pickles, Red Onion Pico de Gallo Squash Local Roasted **Elotes Corn** Roasted Veggie Wrap **Potatoes**







Locally Grown

'Vegetarian